

Bullock County School District (9-12)
This institution is an equal opportunity provider and employer.

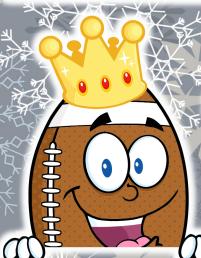
To make a lunch, choose at least one







BULLOCK COUNTY SCHOOL DISTRICT



Pro Football
playoffs start
Saturday, Jan. 13.
What team will
wear the crown
on Super Bowl
Sunday?

Thursday, January 4

Philly Cheesesteak
Sloppy Joe Sliders
Baked Beans
Crinkle Cut Fries
Carrot Sticks
Ketchup, Single Serve

Friday, January 5

Rotel Dip
Tortilla Chips, WG
Celery & Carrot
Sticks
Mixed Vegetables
Jalapeño Peppers
Sour Cream

Available Daily

Daily Salad Bar Assorted Fresh Fruit Milk, Flavored, Fat-Free Milk, White, Low-Fat

Monday, January 8

Cheeseburger Crinkle Cut Fries Baked Beans Ketchup, Single Serve Mayonnaise, Reduced Fat Mustard, Single Serve

Tuesday, January 9

Taco Soup Tortilla Chips Mixed Vegetables Celery & Carrot Sticks Shredded Cheese Sour Cream

Wednesday, January 10

Baked Chicken Rice Italian Green Beans Glazed Sweet Potatoes Roll Hot Sauce, Packet

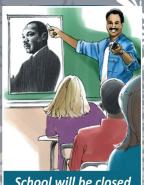
Thursday, January 11

Pizza, Assorted Corn on the Cob Broccoli & Cheese

Friday, January 12 Hot Wings

Chicken Tenders
Crinkle Cut Fries
Celery & Carrot
Sticks
Roll
WG Chips, Assorted
Honey Mustard
Sweet & Sour Sauce





School will be closed Monday, January 15 in recognition of Martin Luther King, Jr.'s birthday.

Tuesday, January 16

Chili Con Carne Grilled Cheese Sandwich Carrot Sticks Broccoli, Steamed Crackers, Saltines, WG Sour Cream

Wednesday, January 17

"Brunch"
Cheese Grits
Scrambled Eggs
Sausage Links
Roasted Potatoes,
Diced
Glazed Carrots
Biscuits
Jelly, Assorted

Thursday, January 18

Pizza Crunchers Marinara Sauce Corn on the Cob Broccoli & Cheese

Friday, January 19

Corn Dogs
Crinkle Cut Fries
Baked Beans
Carrot Sticks
Ketchup, Single
Serve
Mustard, Single
Serve
Mayonnaise,
Reduced Fat



Monday, January 22

Crispy Chicken
Sandwich
Pickles
Carrot Sticks
Waffle Fries
Baked Beans
Ketchup, Single
Serve
Mayonnaise,
Reduced Fat
Mustard, Single
Serve

Tuesday, January 23

Spaghetti w/ Beef Corn on the Cob Mixed Vegetables Garlic Knot

Wednesday, January 24

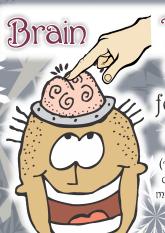
Salisbury Steak w/ Gravy Mashed Potatoes Lima Beans California Vegetables Cornbread

Thursday, January 25

Cheesy Pull Apart w/ Marinara Sauce Corn, Whole Kernel Broccoli & Cheese

Friday, January 26

Turkey & Swiss Sub
Sandwich
Lettuce Leaf
Tomatoes
Onions
Pickles
Celery & Carrot Sticks
Crinkle Cut Fries
Ketchup, Single Serve
Mustard, Single Serve
Mayonnaise, Reduced
Fat
WG Chips, Assorted



Ticklers

What has four wheels and flies?

(Mold the page upside down and read it in a mirror for the answer!)

A trash truck!

Monday, January 29

General Tso Chicken Fried Rice Stir Fry Vegetables Mixed Vegetables Egg Roll, Vegetable

Tuesday, January 30

Taco Salad
Ground Beef
Tortilla Chips, WG
Queso Dip
Lettuce, Tomatoes
Jalapeño Peppers
Refried Beans
Corn, Whole Kernel
Sour Cream
Taco Sauce,
Individual

Wednesday, January 31

Baked Chicken Rice Italian Green Beans Glazed Sweet Potatoes Roll Hot Sauce, Packet

The home stretch!



Just a few more months to go in the school year! YOU CAN DO IT!

And we want to help! While you concentrate on the finish line, we'll keep you fueled up with tasty, nutritious food!

Word of the Month Ser Vice

noun 1. help, use, benefit < happy to be of service> 2. contribution to the welfare of others 3. a helpful act < did her a service>

A LA BROOK TO